

KNOW DRUGS

HEROIN

Effects

- Lowered heart rate & respiration
- Damage to lungs, kidney and liver
- Dull feeling & tiredness
- Difficulty in concentrating
- Constipation



CANNABIS

Effects

- Difficulty in concentrating
- Slow reaction
- Distorted thinking & perception
- Poor balance & co-ordination
- Extreme anxiety, depression, confusion & paranoia
- Decline in motivation & drive in long term users



'ERIMIN-5'

Effects

- Loss of consciousness
- Distorted judgment, sight & thinking
- Difficulty in speaking, moving & co-ordinating bodily functions



'ICE'

Effects

- Increased heart rate & body temperature
- Fits, stroke & death
- Damage to heart & nerves
- Liver & kidney diseases
- Abnormal behaviour with mood swings, confusion, delusion & hallucination
- Anxiety & irritability



INHALANTS

Effects

- Permanent damage to brain, liver & kidneys
- Prone to bleeds & bruises
- Memory loss
- Difficulty in learning & seeing things clearly
- Loss of control of body
- Cramps, pains & bad cough



LYSERGIDE (LSD)

Effects

- Increased heart rate, breathing & body temperature
- Numbness
- Distorted sight, hearing, touch, smell & taste
- Loss of control of thoughts
- Severe panic, paranoia, confusion & hallucination



KETAMINE

Effects

- Inability to move
- Distorted judgement in perception, hearing, sight, touch, smell and taste
- Confusion & hallucination



'ECSTASY'

Effects

- Increased heart rate & blood pressure
- Jaw clenching, teeth grinding & uncontrollable shaking
- Kidney, liver & brain damage
- Long term memory loss
- Chills, sweating & vomiting
- Inability to think, see & co-ordinate
- Hallucination



COCAINE

Effects

- Increased heart rate
- Aggressive behaviour
- Irritability
- Nausea, shaking, blurred vision & hallucination



BUPRENORPHINE

(active ingredient in Subutex)

Effects

- Sedation
- Light-headedness
- Constipation
- Nausea
- Vomiting
- Dizziness



When abused with other prescription drugs, Buprenorphine can cause:

- Clogging of veins leading to gangrene
- Breathing problems which can lead to death

PENALTIES FOR DRUG OFFENCES

CONSUMPTION AND POSSESSION

Heroin, 'Ice', 'Ecstasy', Ketamine, Lysergide (LSD), Cocaine, Cannabis, 'Erimin-5', Buprenorphine

Maximum 10 yrs imprisonment or \$20,000 fine or BOTH

(Note: For consumption of Heroin, 'Ice', 'Ecstasy', Ketamine, 'Erimin-5' and Buprenorphine - DRC treatment for first and second time abusers, Long Term imprisonment for third and subsequent time abusers)

TRAFFICKING

(selling, giving, administering, transporting, sending, delivering, distributing or offering to do any of these)

'Erimin-5'	Maximum 10 yrs imprisonment & 5 strokes of the cane
'Ecstasy', Ketamine, Lysergide (LSD), Buprenorphine	Maximum 20 yrs imprisonment & 15 strokes of the cane
Heroin, Cannabis, Cocaine, 'Ice'	Maximum is death penalty (if amount trafficked exceeds the limit stipulated in the law)

PENALTIES FOR INHALANT OFFENCES

Abuse of intoxicating substances

- Admission to an approved centre for treatment and rehabilitation for up to 6 months, or up to \$2,000 fine or 6 months of imprisonment or BOTH

Selling or offering to sell an intoxicating substance when it is suspected that the substance is for the purpose of intoxication

- Up to \$5,000 fine or 2 years of imprisonment or BOTH

TELL-TALE SIGNS OF DRUG ABUSE

- Redness of eyes
- Constant runny nose & teary eyes
- Sudden mood changes
- Unexplained absenteeism
- Change in personal behaviour
- Listlessness and lack of energy
- Anti-social behaviour
- Anxiety
- Nausea
- Loss of appetite

If you have been approached to try drugs or wish to report any information, please contact:

The Duty Officer
Central Narcotics Bureau
Tel: 1800-325 6666

For more information, do visit:
<http://www.cnb.gov.sg>