



Hey agents, **Dr. Wacko** has sneaked in 15 words related to drugs and their harmful effects below. Help me get rid of them by crossing out these words (see below for list).

Help Captain Drug Buster save our planet from drugs!



You will never find them, **Captain Drug Buster!** Muahahaha!

M	E	Y	F	K	H	O	C	I	N	H	A	L	A	N	T	S	H	T	H	G	N	L	E	C	V	T	R	X	F
T	C	P	O	O	E	H	J	X	W	A	N	X	I	E	T	Y	O	V	M	G	A	D	V	A	B	L	H	N	X
G	S	Q	R	Q	R	P	I	W	F	M	H	A	L	L	U	C	I	N	A	T	I	O	N	N	O	I	F	Q	U
N	T	I	G	Z	O	U	A	E	E	T	T	K	W	B	T	O	X	I	C	T	O	Q	X	N	E	K	U	D	C
O	A	L	E	K	I	O	M	R	D	F	R	B	U	U	A	C	C	O	N	S	T	I	P	A	T	I	O	N	Z
N	S	L	T	X	N	Q	P	V	A	D	D	I	C	T	I	O	N	J	M	U	K	J	S	B	F	M	L	F	E
F	Y	E	F	K	Y	I	U	Z	D	N	D	H	G	W	V	Y	R	X	K	F	M	J	N	I	X	E	E	W	C
H	E	G	U	O	R	P	Q	F	T	J	O	P	T	S	N	K	T	U	C	M	Z	F	G	S	W	T	L	W	S
N	Q	A	L	S	E	I	Z	U	R	E	S	I	W	A	K	O	Z	J	F	B	R	V	J	Y	S	H	G	B	C
G	B	L	F	G	J	U	I	N	V	P	T	R	A	F	F	I	C	K	I	N	G	P	Z	A	V	O	D	H	R

WHAT YOU NEED TO KNOW

Besides searching for these 15 words in the puzzle, learn about what they mean and how commonly abused drugs can harm you.

Drugs and inhalants

- 1) Meth**
Short for "methamphetamine". It is also known as "ice", as its form is colourless and odourless, resembling shards of ice.
- 2) Cannabis**
Also known as "weed" or "marijuana". It can look like tea leaves and be hidden in food items like chocolates and brownies.
- 3) Ecstasy**
Comes in tablet form in many different colours. A dangerous drug that causes you to see things that are not there. New psychoactive substances (NPS) are drugs that copy the effects of drugs like ecstasy.
- 4) Heroin**
It comes in powder form, either in yellowish or white colours. Those who are addicted to this drug often feel tired or suffer a lack of concentration.
- 5) Inhalants**
These are what glue sniffers will breathe in. They have been shown to affect your growth and development, if abused.

Side effects

- 6) Forgetful**
Memory loss is a side effect of drug abuse. Imagine not being able to remember simple things like what you did yesterday.
- 7) Hallucination**
The experience of thinking something is real when it is not. It can happen through sight, sound, smell, touch or taste.
- 8) Paranoia**
Feeling scared because you think you are in danger or being threatened, even when you are not.
- 9) Anxiety**
Feeling uneasy, and being constantly worried or afraid.
- 10) Constipation**
A health problem where it is difficult and painful to poop regularly and healthily.
- 11) Seizures**
It happens when the brain has a kind of "electrical storm", causing it to act differently. Sometimes it leads to your body jerking dangerously in a way you can't control.

Related words

- 12) Illegal**
A word for when something is not allowed by the law. Drugs are illegal in Singapore.
- 13) Toxic**
Poisonous and might be deadly. Drugs are toxic and have dangerous side effects that can badly damage organs in your body like your liver and heart.
- 14) Trafficking**
The act of buying or selling something illegally. Buying or selling drugs is an example of drug trafficking. You can be punished by the law for trafficking drugs.
- 15) Addiction**
When you are unable to stop doing something because you are so dependent on it, even though it is bad for you. Being addicted to drugs is one such example.

HERE ARE THREE WAYS TO STAY DRUG-FREE:

- 1 PICK UP HEALTHY HOBBIES**
Spend time meaningfully with exciting activities like doing sports, playing music or learning a new skill.
- 2 TALK TO A TRUSTED ADULT**
Whenever you're stressed or unsure what to do, you can always tell your parents or teacher. They are here to help you.
- 3 SAY "NO" TO DRUGS** If you are ever offered drugs, don't be afraid to say "no" boldly and firmly. Walk away and inform a trusted adult.

ANSWER KEY:

M	E	Y	F	K	H	O	C	I	N	H	A	L	A	N	T	S	H	T	H	G	N	L	E	C	V	T	R	X	F
T	C	P	O	O	E	H	J	X	W	A	N	X	I	E	T	Y	O	V	M	G	A	D	V	A	B	L	H	N	X
G	S	Q	R	Q	R	P	I	W	F	M	H	A	L	L	U	C	I	N	A	T	I	O	N	N	O	I	F	Q	U
N	T	I	G	Z	O	U	A	E	E	T	T	K	W	B	T	O	X	I	C	T	O	Q	X	N	E	K	U	D	C
O	A	L	E	K	I	O	M	R	D	F	R	B	U	U	A	C	C	O	N	S	T	I	P	A	T	I	O	N	Z
N	S	L	T	X	N	Q	P	V	A	D	D	I	C	T	I	O	N	J	M	U	K	J	S	B	F	M	L	F	E
F	Y	E	F	K	Y	I	U	Z	D	N	D	H	G	W	V	Y	R	X	K	F	M	J	N	I	X	E	E	W	C
H	E	G	U	O	R	P	Q	F	T	J	O	P	T	S	N	K	T	U	C	M	Z	F	G	S	W	T	L	W	S
N	Q	A	L	S	E	I	Z	U	R	E	S	I	W	A	K	O	Z	J	F	B	R	V	J	Y	S	H	G	B	C
G	B	L	F	G	J	U	I	N	V	P	T	R	A	F	F	I	C	K	I	N	G	P	Z	A	V	O	D	H	R

BROUGHT TO YOU BY

