

## WHAT EXACTLY IS WEED?

It is another name for a harmful and addictive drug, cannabis. It may seem like cannabis is just another plant that is dried and smoked. It sounds rather similar to tobacco, which is found in cigarettes. If cigarettes are legal then why isn't cannabis?

Because it is much more harmful and addictive.

## HARMS OF CANNABIS



- Brain impairment
- Development of Mental Disorders
- Inflammation and clotting of Arteries
- Lung Complications
- Increased Heart Rate
- Risk of Heart Attack
- Risk of Stroke
- Reproduction Problems

## WHAT IS IT IN WEED THAT CAUSES HARM?

It contains the chemical, Tetrahydrocannabinol. It can affect one's mood and the way one sees and hears things. It can also affect one's concentration and memory, hence weakening the abuser's ability to learn.

The adolescent brain is not fully mature until approximately the age of 25. Drugs can disrupt this critical development when abused young. Studies show that drug abuse can have negative, lifelong effects on the brain including impaired cognition and memory.

When the brain is young and not fully developed, you are unable to weigh risks or think about consequences. This is because parts of the brain that drive desire to seek pleasure, thrill, fun and adventure outdo development of other areas of the brain. Simply put, the adolescent brain is unable to well determine wrong from right or think enough is enough. This is why youths like yourselves are more likely to become addicted to drugs as compared to adults.

Besides its harmful effects on the brain and mental health, cannabis can cause physical harm as well.

Even if others tell you that it causes little or no harm, remind yourself about the legal penalties you may face.

Do not let others influence your perception of cannabis.

NO DRUG IS SAFE FROM HARM.

