

ADVERTORIAL

# It's a Myth - Match

Debunk these myths about illegal drugs


**INSTRUCTIONS**  
The column on the left shows some misconceptions about illegal drugs. Debunk these misconceptions by connecting them to the listed facts on the right column.

**MYTH**


**FACT**



1. Sniffing glue can't hurt you. It's all just a smell.



A. You should never accept anything from a stranger. The candies could be laced with unknown substances like drugs, and they are difficult to identify.




2. Drugs can make you feel happy.



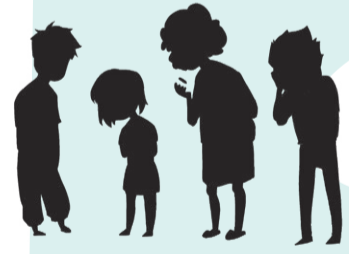
B. Drug addiction can happen to anyone, at any age.




3. Accepting unknown candies from a stranger is fine. As long as it's packed, it's safe.



C. Inhalants — fumes breathed in that give one a false sense of 'happiness' — immediately enter the blood and go through the body in seconds. Sniffing a large amount can be dangerous because they replace oxygen in the lungs.



4. Only adults can get addicted to drugs.



D. No one knows what's exactly in drugs. Sometimes, harmful substances like glass and pesticide are found in drugs.



5. It's safe to try drugs because other people are taking them.



E. Drugs can only give you temporary relief or pleasure, but the damage to your body is permanent.

(answer key) 1-C, 2-E, 3-A, 4-B, 5-D

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**JUST SAY NO!**

There are many myths surrounding drugs, like how it is not harmful or that they can solve your problems. Never accept offers of unknown substances. When in doubt, turn to a trusted adult like your teacher or parents. Remember, always say 'no' to drugs!

