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Central Narcotics
Bureau

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Ministry of Education
SINGAPORE

Visit CNB Website <http://www.cnb.gov.sg> for more information on drug abuse.
If you have been approached to try drugs or wish to report any information,
please call the CNB hotline at 1800-325-6666.



ANTI-DRUG AMBASSADOR

BOOKLET FOR PRIMARY 4 STUDENTS

Storyline

Hassan and Ashley are best friends who live in the same neighbourhood. One morning, they are on their way to the playground when they meet Captain Drug Buster!

Captain Drug Buster tells them that he needs their help to fight the evil Drug Lord who is tempting people in the neighbourhood to abuse drugs.

Shocked, the 2 best friends decide to join Captain Drug Buster to stop Drug Lord. To do this, they must locate 3 hidden tools, which will be revealed when a mission is completed, and use them to fight Drug Lord and his minions.

Hi,
I'm Captain Drug Buster!
Let me introduce you to
my friends.



Introduction of Characters

HASSAN



ASHLEY



ALEX



DRUG LORD
& DRUG MINIONS



And these are
my enemies.



Some drug facts to help you fight against drugs!

Heroin

Also known as White, Smack, Junk, Powder, Putih, Medicine, Ubat



Harmful Effects

- Lowered heart rate and respiration
- Damage to lungs, kidneys and liver
- Dull feeling and tiredness
- Difficulty in concentrating
- Constipation

Methamphetamine

Also known as 'Ice', Glass, Crystal, Speed, Yaba



Harmful Effects

- Increased heart rate and body temperature
- Fits, stroke and death
- Damage to heart and nerves
- Liver and kidney diseases
- Abnormal behaviour with mood swings, confusion, delusion and hallucination
- Anxiety and irritability

Inhalants

Also known as Glue-Sniffing, Solvent Abuse, Solvent Inhalation, Solvent Sniffing



Harmful Effects

- Permanent damage to brain, liver and kidneys
- Prone to bleeding and bruises
- Memory loss
- Difficulty in learning and seeing things clearly
- Loss of control of body
- Cramps, pains and bad cough

Cannabis

Also known as Marijuana, Pot, Grass, Ganja, Weed



Harmful Effects

- Inability to concentrate
- Slow reaction
- Distorted thinking and perception
- Poor balance and co-ordination
- Extreme anxiety, depression, confusion and paranoia (irrational fear or suspicion)
- Decline in motivation and drive in long-term abusers

New Psychoactive Substances (NPS)

Also known as Spice, K2, Bath Salts, Kronic, Bromo-Dragonfly



Harmful Effects

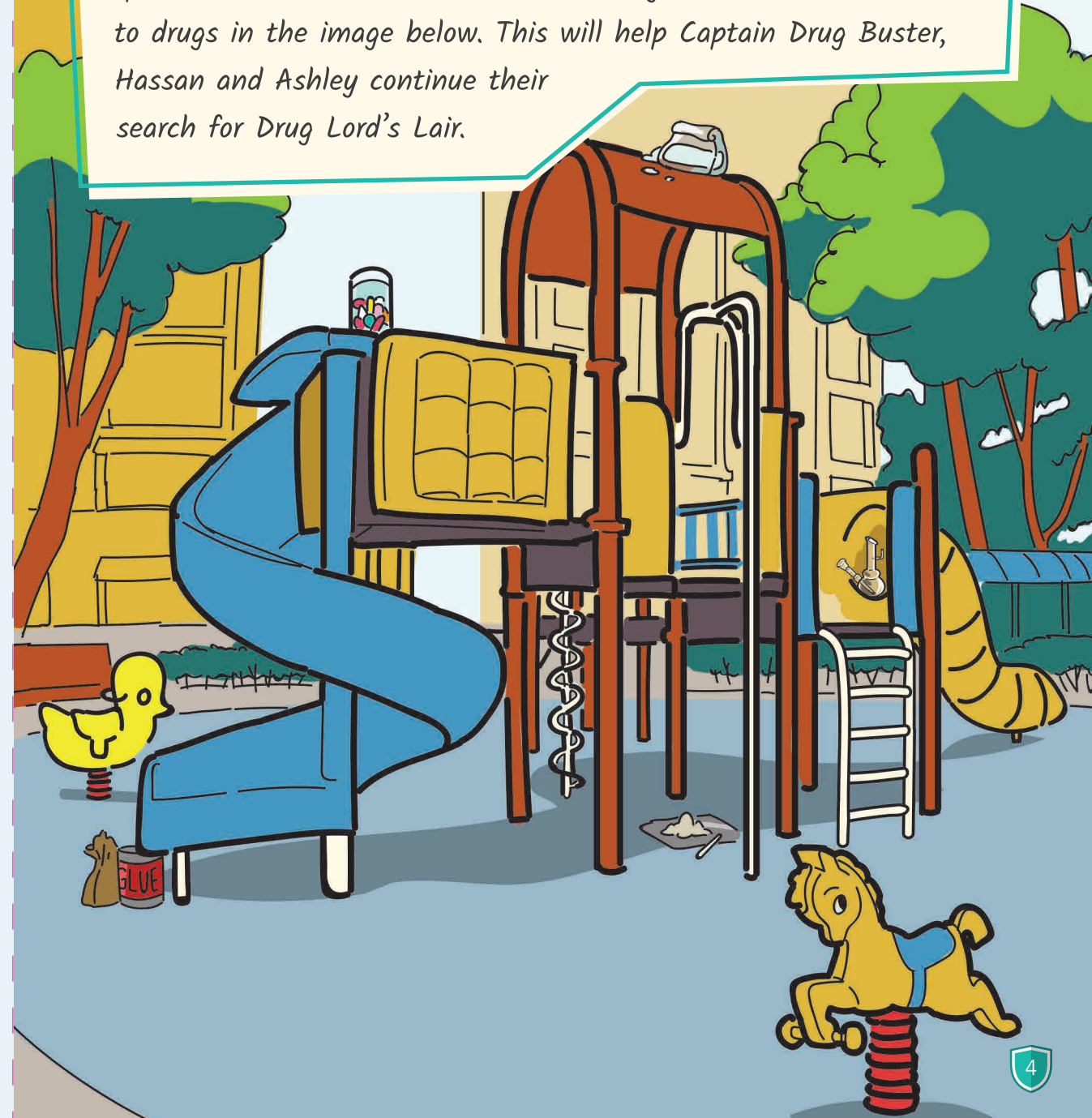
- Severe intoxications
- Severe toxic reaction leading to death
- Paranoia (irrational fear or suspicion)
- Hallucination
- Adverse cardiovascular problems
- Renal failure
- Seizures

Say **NO** to drugs!



Identify the bad stuff

Oh dear! Sensing Hassan and Ashley's presence, Drug Lord has set up obstacles to disorientate them. Identify 5 items that are related to drugs in the image below. This will help Captain Drug Buster, Hassan and Ashley continue their search for Drug Lord's Lair.



Search for the warning signs

The drug situation in the neighbourhood is getting worse. Some residents affected by drugs are hindering Hassan and Ashley's search for Drug Lord's Lair. To locate the first hidden tool, Captain Drug Buster needs more help to identify the people under the influence of drugs.

Captain Drug Buster has listed some drug-induced effects but Drug Lord has messed it up to confuse everyone! Help Hassan and Ashley search for the tell-tale signs in the puzzle below!

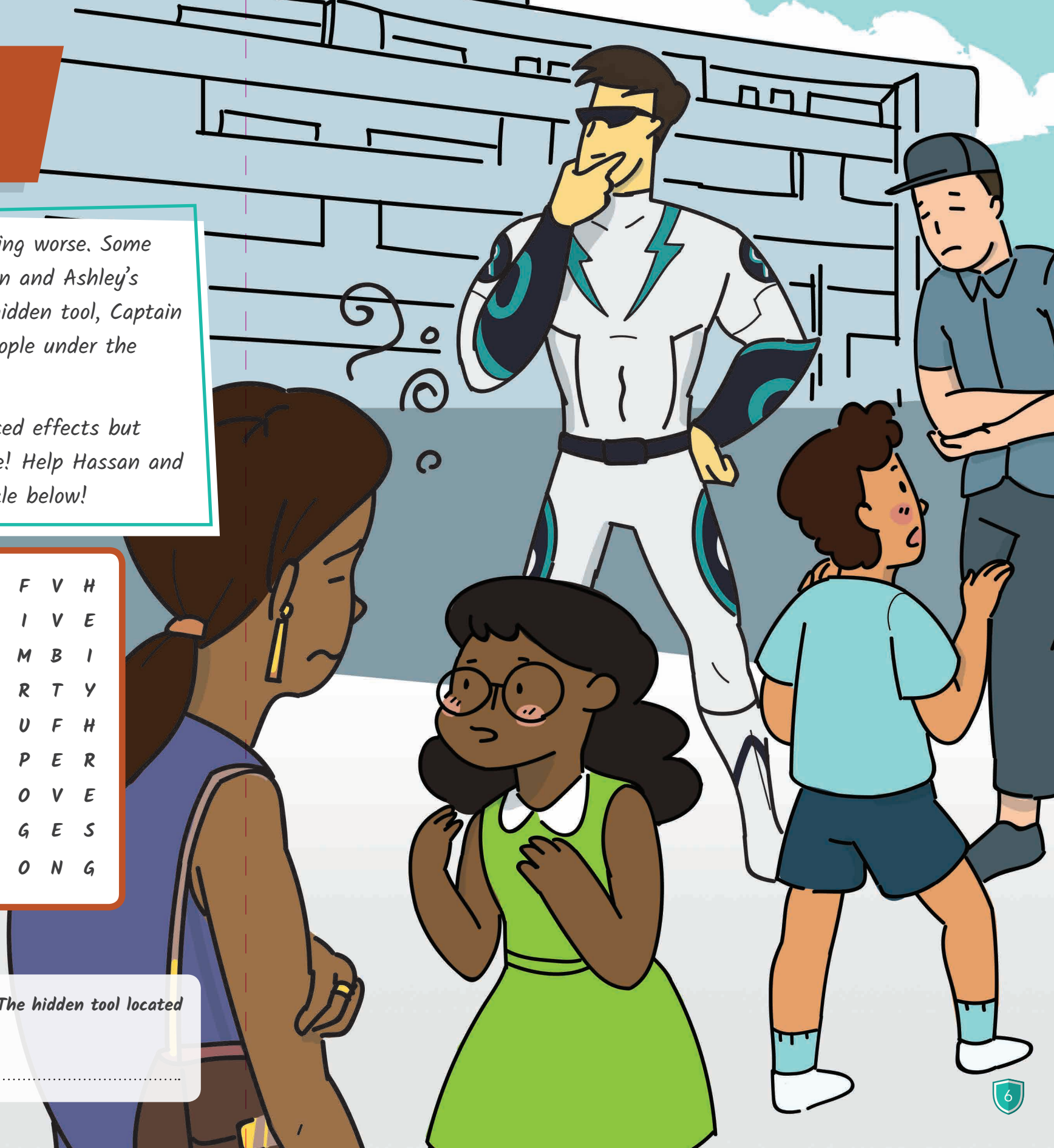
C O H D K O L J I J O F S F V H
O K U A R G U M E N T A T I V E
N C L H J K S C V G H T Z M B I
F H A N X I E T Y K O I E R T Y
U C D T Y H Z V N B N G N U F H
S I N G H A H **KEY** T U O P E R
E M O O N I D F G H I E P O V E
D E H S D Z N G E R I I N G E S
O V H A L L U C I N A T I O N G

Find these words

- (a) Argumentative
- (b) Confused
- (c) Hallucination
- (d) Fatigue
- (e) Anxiety
- (f) Key

Find the odd one out! The hidden tool located here is a

.....



kNOW Drugs

After locating the first hidden tool, Hassan and Ashley bump into their classmate, Alex at the playground. Alex appears confused and dazed after inhaling smoke from a plant-like substance. He cannot recognise Hassan and Ashley.

Together with Captain Drug Buster, Hassan and Ashley, rearrange the jumbled-up words and use the drug fact sheet to find out what drug is affecting Alex.

OPT _____

BANANICS _____

EDEW _____

SGRAS _____

IJRAAUNAM _____



“The drug you have identified can cause poor balance and coordination, extreme anxiety and paranoia in abusers.”



Get out of harm's way

Captain Drug Buster sees something shiny at the fitness corner. Hassan and Ashley notice that there are some mathematical problems written on the ground. Could this be the clue to the second hidden tool?

Connect the dots to help Hassan and Ashley unravel the mystery item. Hurry, before it's too late!

$1 \div 1 =$ $7 + 8 =$
 $1 \times 2 =$ $84 \div 6 =$
 $2 + 1 =$ $98 - 85 =$
 $2 \times 2 =$ $108 \div 9 =$
 $3 + 2 =$ $22 \div 2 =$
 $2 \times 3 =$ $5 \times 2 =$
 $14 \div 2 =$ $27 \div 3 =$
 $5 + 3 =$

The second hidden tool located is a

.....

"Heroin is a highly addictive drug that can cause severe health problems such as collapsed veins, lung and heart infections and death."

Shield us from the harms

It seems like the Drug Minions are closing in on Captain Drug Buster, Hassan and Ashley! Hassan and Ashley need something to fend off the Drug Minions and help those under the influence of drugs!

Using the shield, help them ward off the Drug Minions by matching the correct harms of Inhalants to the correct picture.

1. Dizziness
2. Blurred Vision
3. Insomnia

4. Nausea
5. Anxiety
6. Aggressive Behaviour



Bust the harms

With the Drug Minions defeated, the fitness corner is finally drug-free! Captain Drug Buster, Hassan and Ashley ask the residents for directions to Drug Lord's Lair, but they are unable to answer clearly as they are recovering from the harmful effects of drugs.

Help Captain Drug Buster, Hassan and Ashley bust the harms by crossing out the tell-tale signs of drug abuse and ensure that everyone is safe and drug-free before they continue on their quest!

Walking the dog

Playing football

Red eyes


Confusion

Aggressive behaviour

Working out

Dizziness

Reading a book

 "Methamphetamine is a highly addictive drug that can lead to fits, stroke and death."

Say NO to drugs!

As Hassan and Ashley are leaving the fitness corner, they are surrounded by some teenagers who look aggressive.

The teenagers offer some white powdery substances to Hassan and Ashley.

Erm... what is it?

Hey, try this.

It's good stuff that will make you forget all your troubles.

This sounds too good to be true. We are not interested in unknown substances.

Come on! Trying it once is not going to kill you.

I'm pretty sure you are offering us drugs. Drugs can lead to death. No thanks.

We have no time for drugs. We need to help Captain Drug Buster save more people from Drug Lord.

How will you say NO to a drug offer?

Melt the ICE

Captain Drug Buster informs Hassan and Ashley that the third tool is trapped within a gigantic ice sculpture at the void deck.

Help them unveil the third hidden tool by completing the crossword puzzle with refusal tips when offered drugs.



Refusal Tips

- (a) Be Firm. **RefuSe** the drug offer.
- (b) Be Brave. **Walk** away.
- (c) Be **POsitive**. Spend your time on healthy activities.
- (d) Be Firm. **IgnoRE** the suggestion to try drugs.
- (e) Be Positive. Make a pact with your friends to stay **Drug-free**

(a) R F S

(b) A L K

(c) P I I V E

(d) N

(e) D G - F E

The third hidden tool located here is a

Crack the Code

Captain Drug Buster, Hassan and Ashley made it to the entrance of Drug Lord's Lair but they cannot enter!

To unlock the door, Hassan and Ashley need to crack the secret code. They need to identify the right qualities and values for people to stay drug-free.



1 Brave	2 Peer Pressure	3 Healthy
4 Curious	5 Firm	6 Ignorant
7 Escapism	8 Confusion	9 Positive

Write down the correct code (in ascending order) in the boxes below. Use the code and the key to unlock the door!

—	—	—	—
—	—	—	—



Make good choices in life

The Drug Minions are everywhere in the Lair! Captain Drug Buster, Hassan and Ashley need to use the sword and shield to fight them off.

Help them defeat the Drug Minions by writing down the healthy lifestyle alternatives that will keep you away from trying drugs!



	Good Choices	Good Outcomes
Hassan	I choose to spend my time on healthy activities such as sports.	I grow up healthy and strong.
Ashley	I choose to spend quality time with my family and friends.	Life is short. I do not waste precious time under the influence of drugs.
Captain Drug Buster	Choose your friends wisely and hang out with good company.	It is comforting to know that your friends will support your choice to stay drug-free. Sometimes, "WE" is stronger than "I".
Me		

Lead the way to a drug-free life!

At last, Captain Drug Buster, Hassan and Ashley found Drug Lord! However, he has divided himself into 3 identical forms to confuse them.

Help Captain Drug Buster, Hassan and Ashley identify the real Drug Lord by connecting the tell-tale signs of drug abuse.

Trace the path to the real Drug Lord and banish him with the sword!



Difficulty in concentration

Watery eyes and runny nose



Let's Reflect

Yay! They did it! The neighbourhood is finally safe from Drug Lord. Throughout this quest, Captain Drug Buster has noticed how Hassan and Ashley have applied the 3 Golden Values.

Be Brave!

Be brave to turn away from drugs and to approach the adults when you encounter trouble.

Be Firm!

Never give in to temptation or peer pressure. Always say NO to drugs.

Be Positive!

Think positively as this will help you to make the right choices in life. Identify which Golden Value is demonstrated in each of the 3 pictures below. Ask your teacher or parents for help if you need!



Golden Value is:

Be F ____



Golden Value is:

Be P _____



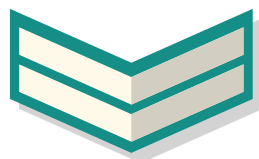
Golden Value is:

Be B _____

Pledge to stay drug-free

Recognising your contributions to the success of the mission, Captain Drug Buster has invited you to join his ranks.

Write down your pledge to stay drug-free and become a **Corporal Drug Buster!**



Remember Captain Drug Buster's Golden Values:

Be Firm! Be Brave! Be Positive!

I pledge to stay drug-free by:

_____ Name

_____ Date

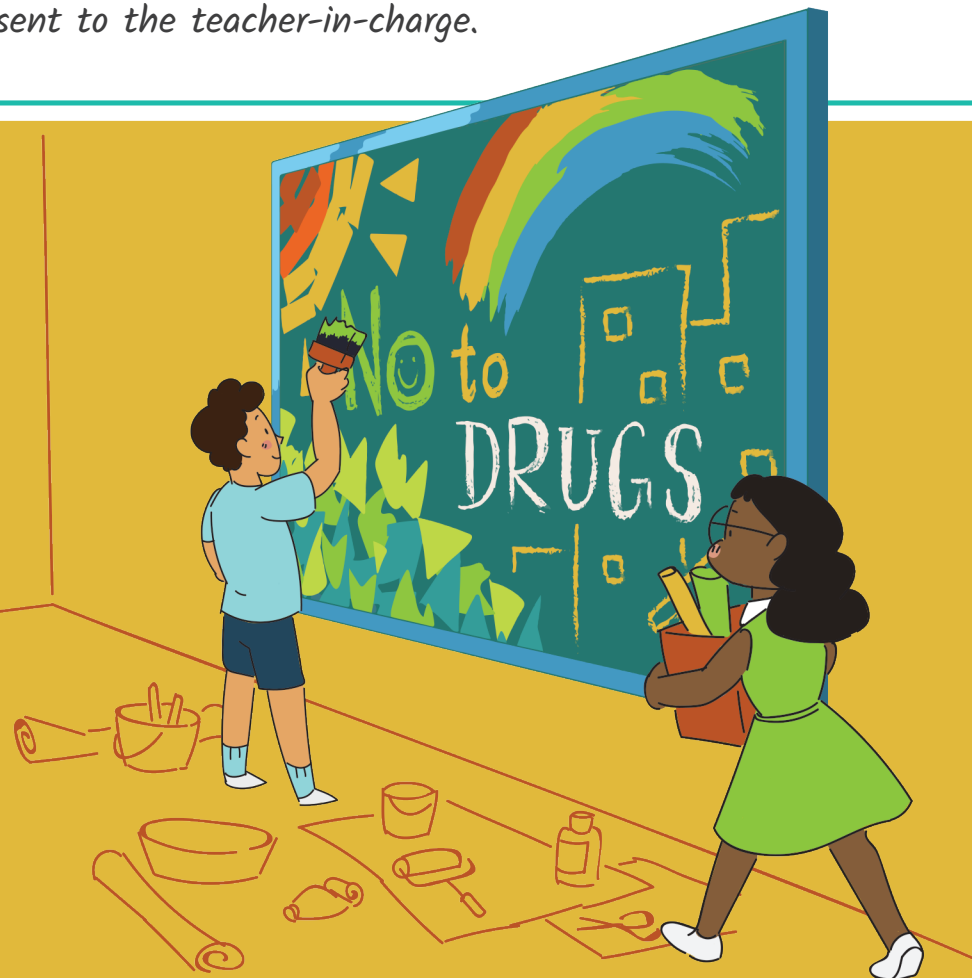


Anti-Drug Montage

We commemorate the International Day Against Drug Abuse and Illicit Trafficking, also known as World Drug Day, on 26 June every year. In conjunction with the Anti-Drug Abuse Campaign (ADAC), we hold an annual competition for primary school students to create anti-drug montages within their school premises.

A cash prize of \$500 each will be given to 10 schools with the best anti-drug montages.

Details on submission can be found in the Instructions Guide sent to the teacher-in-charge.



Step into the world of Augmented Reality!

Download the DrugFreeSG app from IOS App Store or Android Play Store on your mobile devices and embark on an exciting anti-drug journey as you interact with the virtual characters! Scan the AR markers below to hear their stories!

Cara, Anti-Drug Advocate



Aaron, Drug Abuser



Luke, CNB Officer



Aaron's Aunt

