



# ANTI-DRUG AMBASSADOR

BOOKLET FOR PRIMARY 5 STUDENTS

Brought to you by:



Central Narcotics  
Bureau

Supported by:



Ministry of Education  
SINGAPORE

Visit CNB Website <http://www.cnb.gov.sg> for more information on drug abuse.  
If you have been approached to try drugs or wish to report any information,  
please call the CNB hotline at 1800-325-6666.

# Storyline

Exams are finally over and the school holidays are here! Best friends Hassan and Ashley are excited as they are meeting Captain Drug Buster for some good food and arcade games at the shopping mall. However, Captain Drug Buster did not show up at all.

Complete the missions and solve the clues to find out what had happened to Captain Drug Buster. Help Hassan and Ashley to reunite with him!



Read on to find out more...

## Introduction of Characters



**HASSAN**

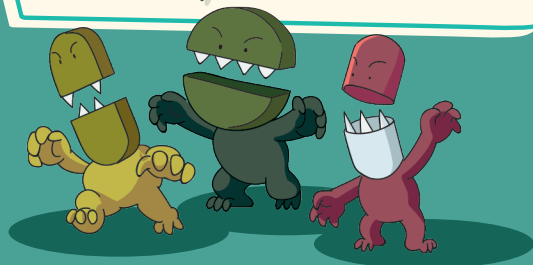


**CHERRY**



**ASHLEY**

## DRUG MINIONS



## DRUG LORD



## Some drug facts to help you fight against drugs!

### Heroin

Also known as White, Smack, Junk, Powder, Putih, Medicine, Ubat



#### Harmful Effects

- Lowered heart rate and respiration
- Damage to lungs, kidneys and liver
- Dull feeling and tiredness
- Difficulty in concentrating
- Constipation

### Methamphetamine

Also known as 'Ice', Glass, Crystal, Speed, Yaba



#### Harmful Effects

- Increased heart rate and body temperature
- Fits, stroke and death
- Damage to heart and nerves
- Liver and kidney diseases
- Abnormal behaviour with mood swings, confusion, delusion and hallucination
- Anxiety and irritability

### Inhalants

Also known as Glue-Sniffing, Solvent Abuse, Solvent Inhalation, Solvent Sniffing



#### Harmful Effects

- Permanent damage to brain, liver and kidneys
- Prone to bleeding and bruises
- Memory loss
- Difficulty in learning and seeing things clearly
- Loss of control of body
- Cramps, pains and bad cough

### Cannabis

Also known as Marijuana, Pot, Grass, Ganja, Weed



#### Harmful Effects

- Inability to concentrate
- Slow reaction
- Distorted thinking and perception
- Poor balance and co-ordination
- Extreme anxiety, depression, confusion and paranoia (irrational fear or suspicion)
- Decline in motivation and drive in long-term abusers

### New Psychoactive Substances (NPS)

Also known as Spice, K2, Bath Salts, Kronik, Bromo-Dragonfly



#### Harmful Effects

- Severe intoxications
- Severe toxic reaction leading to death
- Paranoia (irrational fear or suspicion)
- Hallucination
- Adverse cardiovascular problems
- Renal failure
- Seizures

Say **NO** to drugs!



# Where is Captain Drug Buster?

Captain Drug Buster has left some clues around the shopping mall for Hassan and Ashley to find. First and foremost, he wants to remind them about the 3 values to keep them motivated while they go through their missions.

Help Hassan and Ashley decipher the 3 values left by Captain Drug Buster to move on!

O	K	U	A	B	R	A	V	R	A	T	P	S	I	V
B	S	U	P	O	S	I	T	I	F	F	O	I	N	B
E	R	B	E	O	I	R	Y	V	E	I	S	G	R	T
S	C	A	E	X	P	R	S	I	T	W	I	E	M	F
F	I	B	V	T	F	Q	E	M	V	I	T	O	P	E
I	L	P	V	E	N	I	T	E	A	B	I	S	E	A
R	E	G	I	U	E	G	R	N	I	F	V	I	N	G
F	I	R	N	H	H	M	T	M	W	M	E	N	I	E

The three values are:

“ Be B .....

“ Be F .....

“ Be P .....



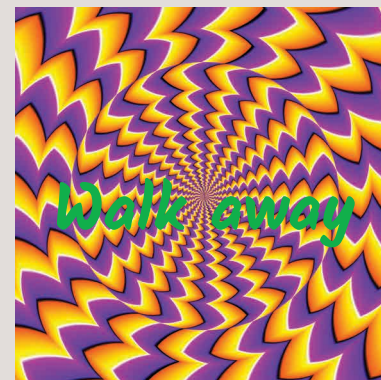
# Am I seeing things?

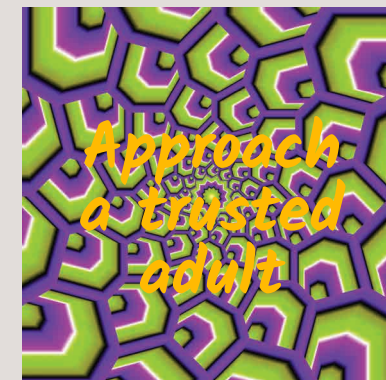
Captain Drug Buster has been captured by the evil Drug Lord and his minions! Help Hassan and Ashley rescue him!

Captain Drug Buster has posted messages on the shopping mall's notice board to educate people on drug refusal tips before he was captured.

However, Drug Lord has cast an optical illusion over the messages while the Drug Minions distribute the drugs to unsuspecting shoppers in the mall. Help Hassan and Ashley uncover the hidden tips and write them down in the spaces provided.

The first clue will be unveiled when the tips are unravelled!









# Do you kNOw Drugs?

At the food court, Hassan and Ashley notice that the Drug Minions are trying to offer diners some drugs. According to the drug symptoms, identify the drugs by filling in the missing letters so that Hassan and Ashley can help them!

Slow reaction, distorted thinking,  
extreme anxiety, depression  
and paranoia

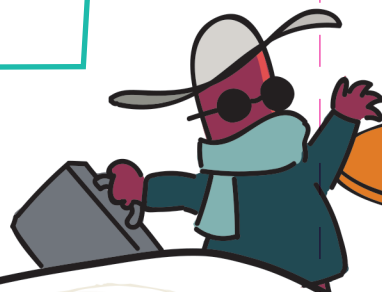
C \_ n \_ \_ b \_ \_

Constipation,  
chills and sweating,  
diarrhea and vomiting

\_ e \_ \_ i \_

Fits, stroke, mood swings,  
delusions and hallucinations

M \_ \_ \_ a \_ \_ \_ e \_ \_ m \_ n \_



## Know the effects of drugs

With the first clue in hand, Hassan and Ashley continue their search for Captain Drug Buster.

On the stairs to the second level, they see shoppers suffering from the effects of drugs.

They notice some white powdery substances close to where they are seated.

This must be Drug Lord's doing! His minions have introduced Heroin to these shoppers.

Together with Hassan and Ashley, write down the effects of Heroin to highlight to them the dangers and harms of the drug.

Locate the second clue here too!

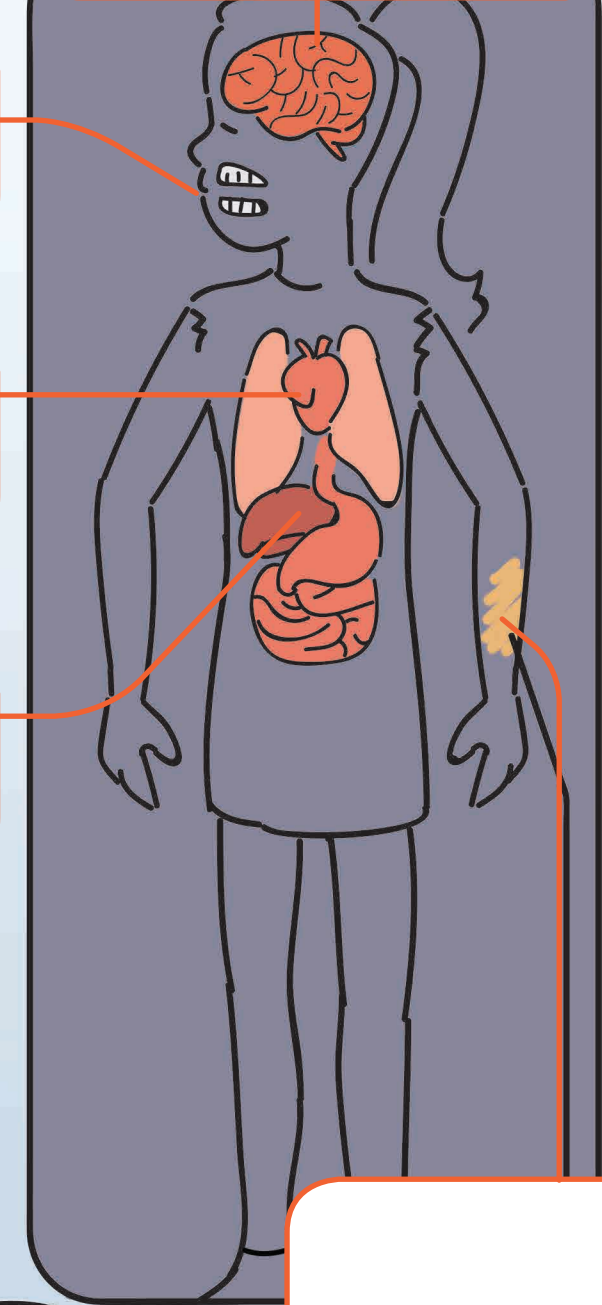


# Get away from the harms of drugs

Hassan and Ashley are walking along the corridor at the second level when they notice their friend Cherry, staring at the display in a hardware shop. She appears to be very agitated and is scratching her hands.

Hassan and Ashley walk closer and catch a whiff of bad breath from her. Judging by these symptoms, Cherry has been introduced to Methamphetamine distributed by Drug Lord.

Help Hassan and Ashley save their friend by listing down the harmful effects of the drug and stop her from taking it!





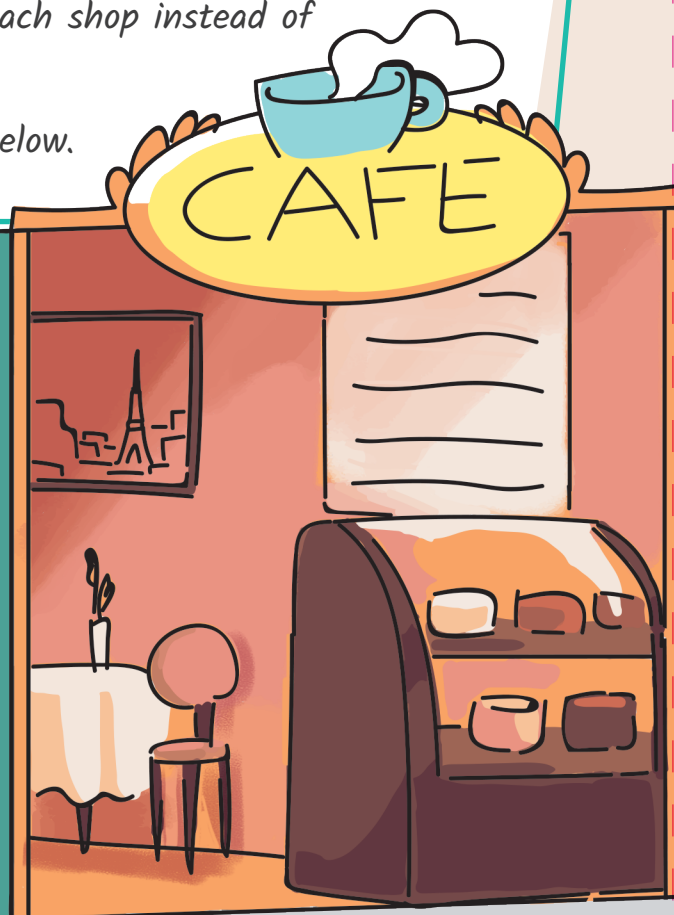


# Health Above All Else

There are some new shops in the mall that promote healthy and drug-free activities that people can participate in. Captain Drug Buster may have planned this before he got captured!

To combat Drug Lord's influence, help the shoppers discover what activities they can do at each shop instead of taking drugs!

Write them down on the lines below.



3)

---

---

4)

---

---

1)

---

---

2)

---

---



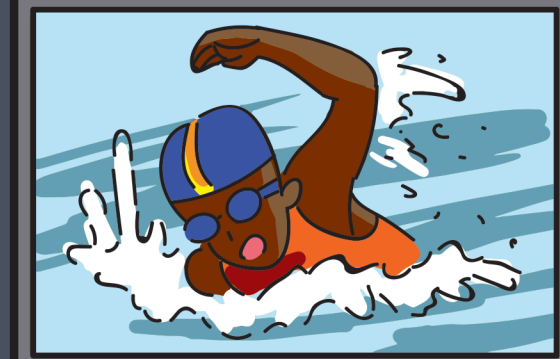
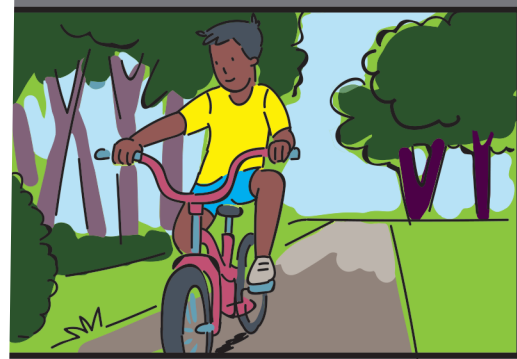
# Circle of Health

Hassan and Ashley are getting closer to the last clue.

They walk pass an electronic store and see some strange still images on the television screens.

Suddenly, Captain Drug Buster's face appears on one of the screens. Captain Drug Buster tells them that in order to find the last clue, they have to circle the 5 healthy activities that they can participate in instead of abusing drugs.

Let's go, let's go!

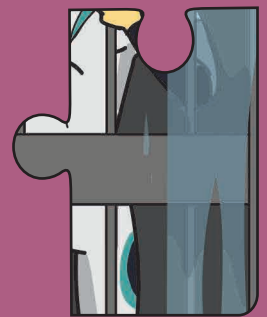
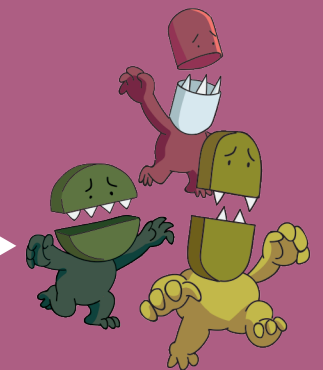
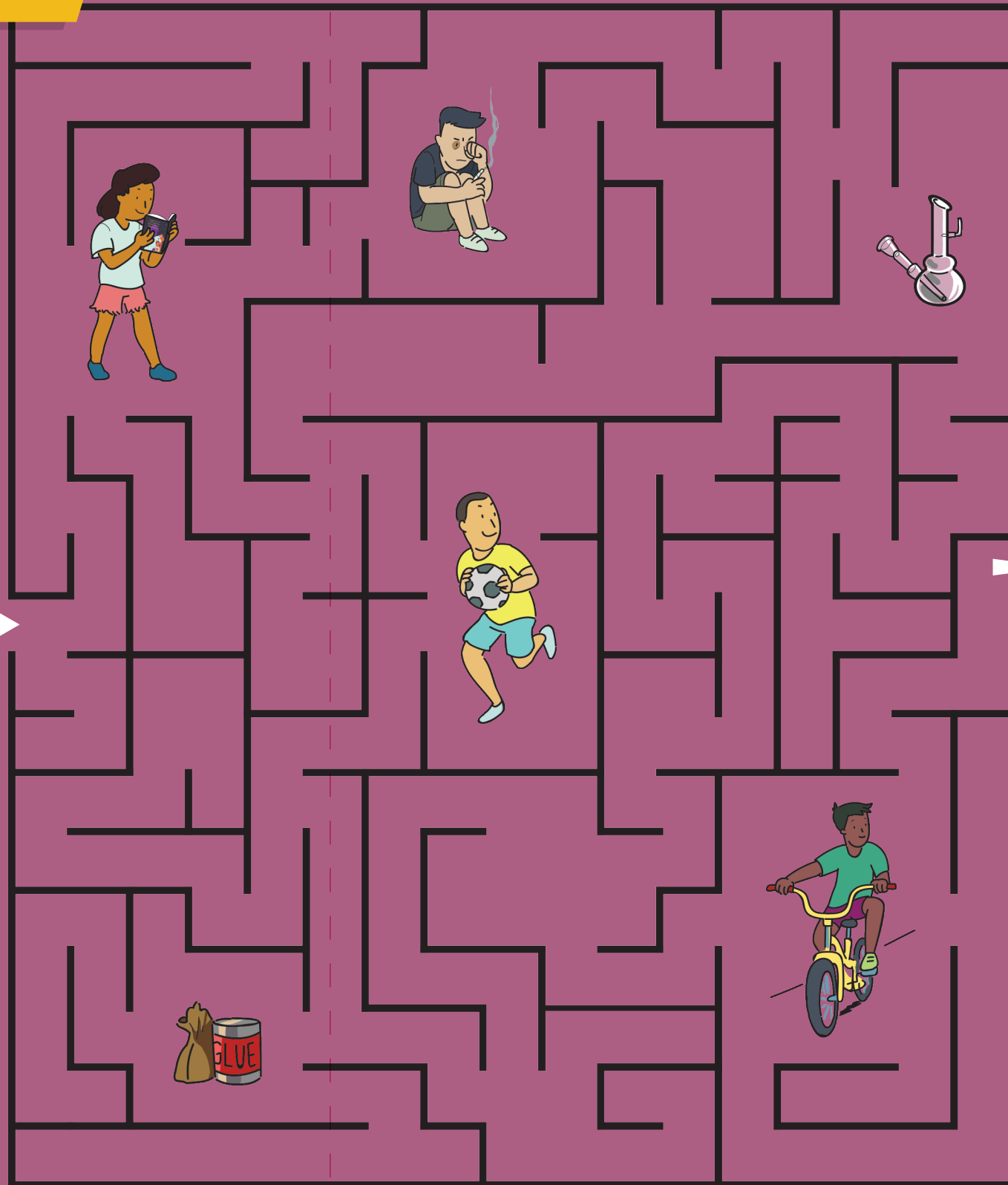


# Refuse and Defeat

Oh dear! The Drug Minions are approaching quickly! The only way to chase them away is by finding the right way out of the maze.

Help Hassan and Ashley get rid of the Drug Minions by tracing the healthy activities through the maze.

Observe and find the last clue to Captain Drug Buster's location through this activity!



# Identify the Right Captain

It has been revealed that Captain Drug Buster is at the

F \_\_\_\_\_ !

Hassan and Ashley have successfully warded off the Drug Minions but they are faced with another obstacle! The evil Drug Lord has created clones of Captain Drug Buster to distract Hassan and Ashley.

Help Hassan and Ashley find the correct Captain Drug Buster by ticking the box with the right refusal tip.

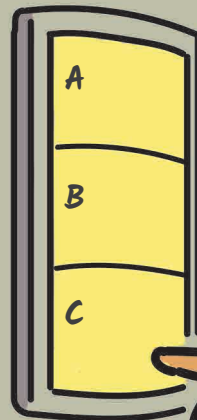
Drugs are bad for me so no thanks.

Sure, I will love to try some drugs!

It's only one time so I won't get addicted.

# Unlock the Pass Code

Drug Lord is not letting Hassan and Ashley get to Captain Drug Buster so easily! They need to crack the pass code to unlock the cage that is keeping Captain Drug Buster captive. Help Hassan and Ashley unlock the pass code by answering the questions on the next page.



**A) Smoking cannabis is harmful. Why?**

1. It can cause distorted thinking and perception.
2. It can make you less motivated to do well in school.
3. It can affect your motor coordination and balance.
4. All of the above.

**B) Which statement is false?**

1. Drugs are not cool and will destroy my image.
2. New Psychoactive Substances (NPS) are legal substances.
3. Drugs will affect my ability to grow up healthily.
4. Warning signs of a potential drug problem include changes in behaviour and physical appearances.

**C) Which of the following activity leads to a healthy lifestyle?**

1. Playing soccer with friends.
2. Taking drugs to escape from problems.
3. Accepting offers of unknown substances from strangers.
4. Agreeing to take drugs with your friends to fit in.



# Lead a drug-free life

All Captain Drug Buster needs to do is to use the anti-drug ribbon to defeat Drug Lord!

Write down how you want to lead a healthy, happy and drug-free lifestyle.

Remember the 3 Golden Values! They will help you stay drug-free.

“The green and white colours of the anti-drug ribbon signify

Health,  
Vitality  
and Strength.”



**Be Firm:**

---

---

**Be Brave:**

---

---

**Be Positive:**

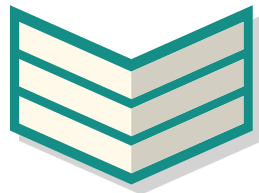
---

---

# Pledge to stay drug-free

Recognising your contributions to the success of the mission, Captain Drug Buster has invited you to join his ranks.

Write down your pledge to stay drug-free and become a **Sergeant Drug Buster!**



Remember Captain Drug Buster's Golden Values:

**Be Firm! Be Brave! Be Positive!**

**I pledge to stay drug-free by:**

---

---

---

---

\_\_\_\_\_  
Name

\_\_\_\_\_  
Date



## Anti-Drug Montage

We commemorate the International Day Against Drug Abuse and Illicit Trafficking, also known as World Drug Day, on 26 June every year. In conjunction with the Anti-Drug Abuse Campaign (ADAC), we hold an annual competition for primary school students to create anti-drug montages within their school premises.

A cash prize of \$500 each will be given to 10 schools with the best anti-drug montages.

Details on submission can be found in the Instructions Guide sent to the teacher-in-charge.



## Step into the world of Augmented Reality!

Download the DrugFreeSG app from IOS App Store or Andriod Play Store on your mobile devices and embark on an exciting anti-drug journey as you interact with the virtual characters!

Scan the AR markers below to hear their stories!

Cara, Anti-Drug Advocate



Aaron, Drug Abuser



Luke, CNB Officer



Aaron's Aunt

