

CAPTAIN DRUG BUSTER
DRUGS AREN'T FUN

The proportion of young drug abusers remains high in Singapore. With such a worrying trend, Captain Drug Buster is doing all he can to put a stop to this.

In a dark alley...

Another one arrested!

CLANK!

STOP!

Wait a minute. What's that in your hands?

It's uhm...

... a special strawberry gummy. My friends told me that eating this gummy can help me feel happier and more confident about myself.

Hmmm, it sounds very suspicious. This gummy might contain harmful substances! Are you sure you want to eat it?

You'll regret eating this.

Hey, what are you doing here?

Uhm... I... uhm... wasn't doing anything.

It can cause you to feel giddy and nauseous...

... tired and forgetful...

... and risk losing your friends.

You will get addicted and lose sight of your goals.

The law will catch up with you too! Can you imagine how sad your parents would be?

Ms Tan here is a counsellor you can talk to whenever you are feeling sad. You can also talk to your parents or teachers whenever you need help.

NO!

I don't want to end up like that! What should I do, Captain Drug Buster? Please help me.

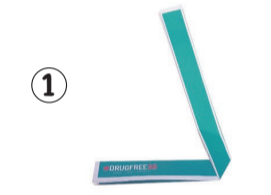
Thank you, Captain Drug Buster!

Food products can contain harmful substances such as drugs. Be careful when accepting unknown items from strangers or even friends. You may put yourself in danger unknowingly.



Fold your own ribbon

Let's celebrate the International Day Against Drug Abuse and Illicit Trafficking! You would have received the paper anti-drug ribbon in school by now. If not, you can cut out the ribbon strip on the right, fold it, take a photo of yourself with the ribbon and say something to pledge your support for a drug-free Singapore! Send your photo with your pledge to **CNB_Preventive_Education_Unit@cnb.gov.sg** or post them on your FB/IG with **#DrugFreeSG** and tag **@CNB.DrugFreeSG** by July 17 to stand a chance to win a DrugFreeSG goodie bag and \$12 worth of Grab vouchers!



1 Cut out the ribbon strip on the right and fold it into half along the dotted line. With the #DrugFreeSG as a reference point, fold the paper about 45° up. 2/3 of the paper will be angled like the picture.



2 Fold the longer side of the paper 45° down, leaving enough space to tuck the folded side under the other arm of the paper.



3 Tuck the folded side under the other arm of the paper. Press neatly along the edges.

Did you know?

You can borrow the new activity book, **Captain Drug Buster & Dr. Wacko: The Origin**, from your school library as well as public libraries. Alternatively, visit the Central Narcotics Bureau website at www.cnb.gov.sg or scan the QR code above for a digital copy of the book.



Cut along this line to get your ribbon strip!